
Judy Ringer

Judy Ringer is the author of *Unlikely Teachers: Finding the Hidden Gifts in Daily Conflict*. She provides conflict, communication, and presentation skills training internationally with innovative workshops based on mind/body principles from the martial art Aikido, in which she holds a second-degree black belt. Employing best practice communication models, Judy brings to life key concepts such as self-management under pressure and appreciation of other viewpoints. Her programs are interactive, experiential and energetic.

An annual presenter at Pegasus Communications' Systems Thinking Conference, Judy has written numerous articles on the relevance and application of the Aikido metaphor, including articles in *The Systems Thinker* and *Aikido Today Magazine*. She is also the author of two CDs, *Managing Conflict in the Workplace: An Aiki Approach*, and *Simple Gifts: Making the Most of Life's Ki Moments*, as well as the award-winning newsletter, *Ki Moments*.

Clients include the National Institutes of Health, the Chicago Federal Executive Board, BAE Systems, Saint-Gobain Performance Plastics, Sony Corporation, Honda of America Manufacturing, Frito-Lay, Bose Corporation, TDBanknorth, Pearson Publishing, Maine Medical Center, The Wharton Graduate Leadership Program, The National Education Association, and the States of New Hampshire and Vermont.

Judy is founder of Portsmouth Aikido and sole owner of Power & Presence Training, in Portsmouth, NH.
